# Seven Fixed Values Working Together

## Treatment Framework Fixed Values:

> CBT Triangle

> Functional Improvement

> Skill Acquisition

> Collaboration/Connection

## Background Assumptions Fixed Values:

> Evidence-based CBT

> Description of Life Context

> Treatment is a Learning Process

**The treatment framework forms a context for:**

> organizing human experience
> defining objectives of treatment
> having a method to promote life changes
> creating a productive therapeutic relationship

**All implemented through principles and protocols**

**The background assumptions form an intellectual context for the therapist to appreciate:**

> research knowledge and theory

> a patient's lived experience and phenomenology

> that learning is a complex process which must be nurtured

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